



Nov
2008

- AACIO Newsletter November 2008

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Contact Information

Kul Aggarwal, M.D., President

Address:

4012 Newport Court,
Columbia, MO 65203

Phone:

573-882-2296

E-mail:

aggarwalk@health.missouri.edu

AACIO Fall Dinner Meeting 2008

New Orleans Hilton-Riverside, HEC-C, 2nd Floor, Two Poydras Street, New Orleans, Louisiana

Phone: (504) 561-0500

09 Nov 2008
6pm onwards

Note: Executive Committee/Board of Directors

Meeting: 5:00 pm

AGENDA

6:00 – 10:00 pm
Reception & Cocktail

Speaker

Dr. Rohit Arora, "New Modalities in the Treatment of Chronic Ischemic Heart Disease"

AACIO Young Investigator Awards Honoree Presentation

DINNER: INDIAN CUISINE

President's Column

Season of mists and mellow fruitfulness, Close bosom-friend of the maturing sun; Conspiring with him how to load and bless With fruit the vines that round the thatch-eaves run; Ode to Autumn (John Keats)



Debashish Roychoudhury, M.D.
President

As autumn prepares itself to adorn the season of the year, let us bosom-friends embrace ourselves for our upcoming annual scientific and dinner session. I would like to recapitulate our activities for this year. We have our new executive committee elected in March 2008. The new committee has been active in fostering our AACIO mission further. We have partnered with Cardiology Review to provide a new platform for exchange of ideas and concepts in combating cardiovascular disease in Asian Indians. We pledged to take one step closer to accomplishing our unified mission of eradicating cardiovascular disease worldwide. We have an article published in the journal every month highlighting these issues. Following in the footsteps of the founding fathers Dr. Navin Nanda and Dr. Roshan Lal, AACIO is committed to combating the rising epidemic cardiovascular disease by working closely with local, national and international cardiovascular societies and organizations to increase awareness through educational, social and scientific activities. With this mission in view we participated in the World Congress of Clinical, Preventive and Geriatric Cardiology (WCCPGC) Sept 19th-21st held in New Delhi, India. Approximately 1400 delegates attended this meeting. Twenty five international faculty members including members from USA, Bangladesh, Sri Lanka and Nepal attended this meeting. Members of AACIO including Drs. Navin Nanda, Kul Aggarwal, Vishal Gupta, Suneet Mittal and myself were present. The meeting was conducted in an ambient environment of Om Shanti Retreat Center in Gurgaon, New Delhi. The spiritual ambience of the Brahmakumaris in confluence with cardiovascular science honed the ancient wisdom of the confluence of science and spirituality in the care of cardiovascular ailments. The former president of India Dr. A.P.J. Abdul Kalam graced this occasion with his presence. He presented the data from "Healthy and Happy Lifestyle program for CAD regression" organized by the Global Hospital Research Center, Mount Abu and DRDO, New Delhi. This study has borne evidence of the miraculous effects of proper diet, exercise and practice of spirituality and Rajyoga meditation on physical health. This will indeed bring out the best wisdom and solutions for the optimization of health of the heart.

Our speaker at the meeting on Sunday evening, November 9, 2008 at the New Orleans Hilton-Riverside is Dr. Rohit Arora who will talk about Newer Modalities in the Management of Chronic Ischemic Heart Disease - so stay tuned! I want to take this opportunity to sincerely thank our sponsors Boehringer-Ingelheim and CV Therapeutics for their generous grants for this meeting. I want to also thank all the members of our executive committee Dr. Kul Aggarwal, Dr. Suneet Mittal and Dr. Vishal Gupta for all their help and immense dedication. Last but not the least I want to express my heartfelt thanks to Dr. Nanda for being a friend, philosopher and guide.



See you all in New Orleans!

Debashish Roychoudhury, MD
President, AACIO

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AACIO Young Investigator Awards

Dr. Krishna Ramaswamy Award

Sarabjeet Singh, MD, "Outcomes of Non-emergent Coronary Angioplasty with and Without Onsite Surgical Backup: A Meta-Analysis"

Dr. Madhukar Deshmukh Awards

1. Pawan Patel, MD, "Endothelial Dysfunction in healthy first degree Asian-Indian relatives with a family history of premature coronary artery disease"
2. Gautam Shroff, MD, "Relationship between Carotid Artery Stiffness Index, BNP and High-Sensitivity CRP"

Future Cardiology/Echocardiography Conferences

November 7, 2008, Friday, 2:00 – 9:00 pm, JUST PRIOR TO AHA. 18th Annual International Conference on Echocardiography and Allied Techniques (MRI, CT Scan, Nuclear): Case Studies and Recent Advances. OVER 50 SUPER INTERESTING CASES FROM DIFFERENT INSTITUTIONS WILL BE SHOWN. WOULD BE OF GREAT INSTRUCTIVE VALUE TO THE ATTENDEES. This will be held at the Astor Crowne Plaza Hotel, 739 Canal Street, New Orleans, Louisiana. For more information call Lindy Chapman 205-934-8256, email: lindyc@uab.edu.

March 28, 2009, 25th International Conference on Recent Advances in Echocardiography and Allied Techniques (MRI, CT scan, Nuclear), Orlando, Florida. Conference Director: Dr. Navin C. Nanda

July 18-20, 2009, XIII World Congress of Echocardiography and Allied Techniques, Kobe, Japan. Presidents: Drs. Junichi Yoshikawa and Kiyoshi Yoshida.

Contact information: Dr. Navin C. Nanda, M.D. (phone: 205-934-8256, email: nanda@uab.edu)

News Items

The 5th Annual International Conference on Advances in Echocardiography and Vascular Ultrasound was held August 7-9, 2008 in Lima, Peru. This was organized by the Peruvian Society of Echocardiography and Vascular Ultrasound and the International Society of Cardiovascular Ultrasound. The faculty from the USA were Drs. Navin Nanda, Kul Aggarwal, Masood Ahmad, Satish Mullick, Hanumanth Reddy, Rajendra Seth, Rakesh Sharma, and Vibhuti Singh.

The World Congress on Clinical, Preventive and Geriatric Cardiology (WCCPGC) was held September 19-21, 2008 at Gurgaon, Near Delhi Airport in India. This was sponsored by Cardiological Society of India, International Society of Cardiovascular Ultrasound, Asian Pacific Society of Cardiology, Society of Geriatric Cardiology and the American Association of Cardiologists of Indian Origin. The faculty from the USA were Dr. Navin Nanda (President of the Congress) and Drs. Kul Aggarwal, Ali Ahmed, Robert Biederman, Harvinder Dod, Vishal Gupta, Rahul Mehra, Suneet Mittal, Srinivas Murali, Debashish Roychoudhury, Rajendra Seth, Rakesh Sharma, Vibhuti Singh, Srinivas Vengala, and Susan Ziemann.



The IV Congress of the National Society of Echocardiography of Mexico (SONECOM) was held July 11-12, 2008 in Mexico City, Mexico. This was sponsored by SONECOM under the direction of Dra. Hilda Peralta Rosado, President of SONOCOM, and Dr. Nilda Espinola-Zavaleta, Consultant. The International Society of Cardiovascular Ultrasound was a co-sponsor and over 150 were in attendance. Dr. Navin C. Nanda, President of ISCU, was an international faculty.



**AMERICAN ASSOCIATION OF
CARDIOLOGISTS OF INDIAN ORIGIN
(AACIO)**

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Dues Invoice

New Application

Renewal

Suneet Mittal

AACIO-Treasurer

Director, Electrophysiology Laboratory
The St. Luke's-Roosevelt Hospital Center
1111 Amsterdam Avenue, New York, NY 10025

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AACIO Honorees



Ramdas G. Pai, MD, FACC, FRCP (Edin) is a Professor of Medicine and Director of the Heart & Imaging Center at Loma Linda University School of Medicine, Loma Linda, California.

He obtained his MBBS in 1979 and FRCP (Edin) in 1982 from Kasturba Medical College, Manipal, India. He further trained in Britain obtaining MRCP (UK) and FRCP (Edin) and in USA getting board certifications in Internal Medicine, Cardiology and Echocardiography scoring 99th percentile in all three of them. He was also a Professor of Medicine and Director of Echocardiography at University of Southern California. Besides being a passionate bedside clinician and teacher, he has contributed extensively to the knowledge in the fields of echocardiography, ventricular function and valvular issues. He has published over 240 manuscripts and abstracts and has authored 2 books: one on Echocardiography Board Review and the other on valvular heart diseases for the patients. Another book, "Echocardiography: A case Based Approach" is due for publication in 2009.

He also has prepared teaching video books on transesophageal echocardiography for American College of Cardiology / Heart House. He is on the editorial board of Echocardiography, Journal of American Society of Echocardiography, Cardiac Ultrasound Today and International Journal of Angiology and an editorial consultant for over a dozen journals including Circulation and JACC. He is a vice president of International College of Angiology.

He has mentored over 25 young physicians who have gone on to become cardiologists, many in academic settings. He considers it to be a huge privilege to have the trust of the patients, students, mentees, colleagues and collaborators. He attributes his success to all these people, strong family support, wife Sudha who is a Co-director of Cardiac Electrophysiology at Loma Linda University Medical Center and Dr Pravin M. Shah who offered him the first job in this country and mentored into echocardiography and investigative cardiology. He feels both honored and humbled for the recognition he is receiving from AACIO and wants thank its office bearers and Dr Nanda.

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